

English E/IIIA Homework Activities

Pre-Reading Activities

Activity 1 Key Vocabulary Match these words from their antonyms (opposite meanings)

Score: ____ /15

1. ____ international	a. illness
2. ____ strict	b. to polish
3. ____ to prohibit	c. safe
4. ____ female	d. to dislike
5. ____ to enjoy	e. strange
6. ____ to tarnish	f. shabby
7. ____ smart	g. to praise
8. ____ hazardous	h. patient
9. ____ doctor	i. old-fashioned
10. ____ trendy	j. male
11. ____ worst	k. lax
12. ____ to criticize	l. domestic
13. ____ health	m. dip
14. ____ familiar	n. to permit
15. ____ peak	o. best

Activity 2 Scanning As quickly as possible, find these numbers in today's articles and tell what they mean. You should take only 3 - 5 minutes, so don't read the article too carefully.

Score: ____ /5

ex. 83.7 percent	the number of Japanese male smokers in 1966.
1. 243	_____
2. 5/28	_____
3. 32	_____
4. 60 percent	_____
5. 5 million	_____

Activity 3 Skimming Quickly skim (read quickly and lightly) this week's article and mark any new words or expressions. In the chart below, write all the new words or expressions you marked. When you are finished skimming, look up these new words in your dictionaries and write the Japanese meaning. When you are finished with today's lesson, add these words and expressions to your Personal Dictionaries.

English	日本語	English	日本語	English	日本語	English	日本語

Activity 4 Listening Go to <http://mmuenge.blogspot.com/> and listen to Scott reading today's article. Try this several times and then read the article yourself out loud.

Reading-in-Detail Activities

Activity 5 Reading in Detail Read today's article slowly and carefully. Try to understand everything in the article. When you are finished, read the article again out loud. Do this several times to help you understand and remember new vocabulary.

Activity 6 Discussion Questions Once you have read the articles several times, think about the questions below. You and your group will discuss these questions in class, so prepare your own opinions and thoughts before you come to class. For the last two, think of two questions about the article on your own.

1. Would you go to a coffee shop that banned smoking? Why/Why not?
2. Do you think it is appropriate for coffee shops (restaurants, airports, bars, etc.) to ban smoking? Why/Why not?
3. In your opinion, is smoking fashionable? Why/Why not?
4. Are you a smoker? If yes, why do you smoke? What are the good points to smoking?
If no, why don't you smoke? What are the bad points to smoking?
5. What other "bad habits" do you have? Why haven't you quit when you know it is bad for you?
6. What is the most annoying habit that a person you know has? Why does it bother you so much?
7. Look at the Health Warnings from different countries. Do you think cigarette packages should carry strong health warnings like Canada, very weak health warning like Japan, or no health warnings? Why?
8. (your question) _____ ?

Young Women Blow Smoke at Cigarettes' Uncool Image

By Cheryl Chow, Contributing Writer

"Smoking is, like, totally uncool."

Intentional or not, such is the message that the international chain of coffee shops, Starbucks, conveys to young Japanese by banning smoking from its premises. Some 243 Starbucks have opened nationwide. Each one enforces a strict, non-smoking policy.

"Stuck up bastards," curses one woman smoker. "I sure am not going anywhere near that shop."

Better hope she's not holding her breath. Other trendy cafes in Tokyo are following the **foreign**-born chain store's footsteps in prohibiting **smoking**, much to the chagrin of Japan's burgeoning number of female smokers.

"Cigarettes, cake, coffee are the three things I need to taste if I am to really enjoy my most relaxing moments," 32-year-old artist Kayoko comments to Aera (5/28).

Back in the days of the bubble **economy**, young women lounged around with their knees crossed, preening themselves in their skin-tight "body conscious" clothes, a lit cigarette in their hands, the ultimate in chic. Alas, today, the **winds** of change have tarnished the image of the smoker.

"Now, if you're smart, you're supposed to go natural, eat vegetarian, don't smoke. Don't you think that's what's considered fashionable today?" Kayoko asks Aera.

Yes, no **doubt** about it, cigarette smoking can be hazardous to your fashion.

When Akemi, a 32-year-old securities company worker went to the doctor for bronchitis, instead of warning her about the dangers of smoking to her health, he merely said, "Cigarette smoking isn't even fashionable nowadays."

Certainly, if that's what's trendy, then young, image-conscious women ought to be quitting smoking in droves. Yet, exactly the opposite is happening, according to Aera. Even as more men quit smoking, women are **taking** up the slack by adopting this foul habit.

Now that the cigarette is on the other **hand**, men are lecturing their girl friends and coworkers about the dangers of smoking with the fervor of the newly converted. Men in her same age group are the worst, complains Kayoko. "When we go **out** drinking together, they criticize me severely for smoking. They go **on** and on about how detrimental smoking is to your health, and that air and food taste so much better since they've quit. I know all that."

Thanks to smoking, her complexion is terrible, and her pores are enlarged, Kayoko laments. She tried to give it up, but to no **avail**. It's a familiar complaint, but why did she try it in the **first** place? Many of the women took their first puffs because they thought "it's really **hip**." Once **hooked** they find that giving up this pernicious habit is far more daunting than kicking off platform shoes.

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A battle that has barely begun Japan Times Editorial

One year since the World Health Organization's (WHO) Framework Convention on Tobacco Control went into effect, Japan's smoking rate still remains high compared with other developed nations. After years of considering the choice to smoke or not smoke as personal choice, the Japanese government is **bowing** to pressure and hopes to create a strong momentum toward lowering the rate.

In 1990, the smoking rate among Japanese adult males topped 60 percent. It was down to 53.5 percent in 2000, went below 50 percent for the first time in 2001 and fell to 45.8 percent in 2005, according to Japan Tobacco Inc. The rate for Japanese adult females has hovered at about 14 percent for the past four decades; the 2005 figure stood at 13.8 percent.

Compared with the peak of 83.7 percent for Japanese males in 1966, the decline appears laudable.

Other developed countries have performed better. The smoking rate is at 20 to 30 percent for both males and females in the United States and Britain, and at 30 to 40 percent in Germany and France, according to WHO.


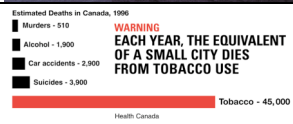







In Japan, the top smoking group comprises men in their 30s, 54.6 percent of whom smoke. Among Japanese women, those in their 20s and 30s are on top – 20.9 percent for both age groups.

WHO says that tobacco is the second leading **cause** of death globally, accounting for nearly 5 million deaths a year. It further says that unless steps are taken to control tobacco use, the annual death toll from smoking will reach 10 million by 2020.

The Japan Times: Tuesday, March 7, 2006
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Health Warnings on Packs of Cigarettes around the World

Canada One of the following sixteen warnings, containing both text and photo, must be displayed.

<ul style="list-style-type: none"> Cigarettes are highly addictive 	
<ul style="list-style-type: none"> Each year, the equivalent of a small city dies from tobacco use 	
<ul style="list-style-type: none"> Children see, children do 	
<ul style="list-style-type: none"> Tobacco use can make you impotent 	
<ul style="list-style-type: none"> Cigarettes cause lung cancer (1) 	
<ul style="list-style-type: none"> Tobacco smoke hurts babies 	
<ul style="list-style-type: none"> Cigarettes cause strokes 	
<ul style="list-style-type: none"> Where there's smoke there's hydrogen cyanide 	
<ul style="list-style-type: none"> Cigarettes cause mouth diseases 	
<ul style="list-style-type: none"> You're not the only one smoking this cigarette 	*photo not shown
<ul style="list-style-type: none"> Idle but deadly 	*photo not shown
<ul style="list-style-type: none"> Don't poison us 	*photo not shown
<ul style="list-style-type: none"> Cigarettes cause lung cancer (2) 	*photo not shown
<ul style="list-style-type: none"> Cigarettes leave you breathless 	*photo not shown
<ul style="list-style-type: none"> Cigarettes hurt babies 	*photo not shown
<ul style="list-style-type: none"> Cigarettes are a heartbreaker 	*photo not shown

** to see all the warning photos go to: http://www.hc-sc.gc.ca/ahc-asc/media/photogal/label-etiquette/index_e.html

European Union (EU)

- Smoking kills/smoking can kill.
- Smoking seriously harms you and others around you.
- Smokers die younger.
- Smoking clogs the arteries and causes heart attacks and strokes.
- Smoking causes fatal lung cancer.
- Smoking when pregnant harms your baby.
- Protect children: don't make them breathe your smoke.
- Your doctor or your pharmacist can help you stop smoking.
- Smoking is highly addictive, don't start.
- Stopping smoking reduces the risk of fatal heart and lung diseases.
- Smoking can cause a slow and painful death.
- Get help to stop smoking: (telephone/postal address/internet address/consult your doctor/pharmacist).
- Smoking may reduce the blood flow and causes impotence.
- Smoking causes ageing of the skin.
- Smoking can damage the sperm and decreases fertility.
- Smoke contains benzene, nitrosamines, formaldehyde and hydrogen cyanide.

United States

- Smoking causes lung cancer, heart disease, emphysema, and may complicate pregnancy.
- Quitting smoking now greatly reduces serious risks to your health.
- Smoking by pregnant women may result in fetal injury, premature birth, and low birth weight.
- Cigarette smoke contains carbon monoxide.

Sweden

- Smoking is addictive. Nicotine makes you physically dependent in a way similar to that of heroin or cocaine.
- The number of women who die of lung cancer is increasing dramatically. This is due to smoking.
- Do your children cough? Children exposed to tobacco smoke are more often affected by serious upper respiratory infection.
- Smoking during pregnancy impedes the growth of the fetus and increases the risk of miscarriage.
- Heart attacks before the age of 50 strike almost only those who smoke.
- Both the use of moist snuff and smoking increase the risk of mouth cancer. Smoking also contributes to loosening of the teeth.

Australia

- Smoking causes lung cancer
- Smoking is addictive
- Smoking kills
- Smoking causes heart disease
- Smoking when pregnant harms your baby
- Your smoking can harm others

Japan

- Tobacco may be harmful to your health. Avoid excessive smoking.

Chile

- Tobacco may cause cancer.